



Darlington
Children's Centre
for Early Childhood
Development and Parenting

12a Kurrajong Place (via Ross Street)
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Foodie Fridays

12pm—1pm on Fridays

17th & 31st August

14th & 28 September



What is it and who is it for?

Come along to a fun filled group where you and your child can explore food in a relaxed environment. We will practice and reflect on strategies that can help tricky mealtimes become a more enjoyable part of your day.

Attendance at a Fun with Food information session is a requirement.
However a session will be organised to suit parents once the group has started.

Facilitated by Helen Chalklen, Occupational Therapist & Lauren Lang, Speech Pathologist

Please phone the centre on 8296 2686 to book in.