







## What's On – October, November, December 2018

Monday	Tuesday	Wednesday	Thursday	Friday		
<p><b>Preschool</b> Preschool morning session 8:45 – 11:45am Preschool afternoon session 12:00 – 3:00pm</p>	<p><b>Preschool</b> 8:45 – 3:00pm <b>Occasional Care</b> Over 2 years 8:45 - 11:30am</p>	<p><b>Preschool</b> 8:45 – 3:00pm <b>Occasional Care</b> Over 2 years 8:45-11:30am</p>	<p><b>Preschool</b> 8:45 – 3:00pm <b>Occasional Care</b> <b>2 sessions</b> Over 2 years 8:45-11:30 &amp; 12:15- 3:00pm</p>	<p><b>Occasional Care</b> 8:45 – 11:30 Under and over 2 years of age.</p>		
<p><b>Family Services Coordinator</b> Our FSC is available to support families individually and through group parenting programs. Feel free to pop-in and have a chat or call the centre to confidentially speak to the Family Services Coordinator.  <b>Monday to Friday</b></p>	<p><b>Kids' Talking and Understanding</b> Are you interested in how to help your child with their talking, understanding and socialising? Please call the Centre to arrange a chat with Lauren our <b>Speech Pathologist</b> by phone or in person.  <b>Tuesday and alternate Fridays</b></p>	<p><b>Preschool</b> Mon, Tue, Wed, Thu Morning 8:45-11:45am Afternoon 12:00-3:00pm Our qualified teachers and early childhood professionals provide a high quality preschool program that is tailored to your child's needs, in a safe and caring environment  <b>Monday, Tuesday, Wednesday, Thursday</b></p>	<p><b>Occasional Care</b> Our fully qualified early childhood educators provide a safe and stimulating learning environment for toddlers and children up to 4 years.  <b>Tuesday, Wednesday, Thursday, Friday</b></p>	<p><b>Occupational Therapy</b> Helen, our Occupational Therapist can chat to you about your child's development including toileting, mealtimes, sleep and toddlers and big feelings. Also concerns around milestones with play and fine and gross motor skills. Some group workshops will be offered during the year.  <b>Tuesday and Friday</b></p>		
<p><b>Children's Centre Breakfast</b> A Weetbix breakfast is available for all children and their families each day. 8:45 – 9:00am <b>Free breakfast supplied by Kickstart for Kids</b></p>	<p><b>Children's Centre Breakfast</b> A Weetbix breakfast is available for all children and their families each day. 8:45 – 9:00am <b>Free breakfast supplied by Kickstart for Kids</b></p>	<p><b>Children's Centre Breakfast</b> A Weetbix breakfast is available for all children and their families each day. 8:45 – 9:00am <b>Free breakfast supplied by Kickstart for Kids</b></p>	<p><b>Children's Centre Breakfast</b> A Weetbix breakfast is available for all children and their families each day. 8:45 – 9:00am <b>Free breakfast supplied by Kickstart for Kids</b></p>	<p><b>Children's Centre Breakfast</b> A Weetbix breakfast is available for all children and their families each day. 8:45 – 9:00am <b>Free breakfast supplied by Kickstart for Kids</b></p>		
<p><b>Morning Community Programs</b></p>	<p><b>Morning Community Programs</b></p>	<p><b>Morning Community Programs</b></p>	<p><b>Morning Community Programs</b></p>	<p><b>Morning Community Programs</b></p>		
<p><b>Acorn 10– 12pm</b> <b>Next group Commencing 2019</b>  <b>Dance Play Journaling</b>  An attachment based group for mums with mental health struggles and their children aged birth to three years  <b>To book please</b> Phone Louise 81313485 Anglicare SA</p>	<p><b>Community Playgroup 9 – 10:30am</b>  Play, songs, stories and learning for all. Please bring a hat and a piece of fruit to share.  <b>Playgroup is supported by Children's Centre staff.</b></p>	<p><b>Baby and Early Walkers Playgroup 11 – 12:30pm</b> Especially for "little ones" led by Helen (OT) and Lauren (Speech Pathologist). Come and enjoy play, connecting with others, songs and stories. Learn about helping along your child's development. <b>Babies up to 18 months, older siblings welcome</b></p>	<p><b>Yarnin Time 9:00 – 10:30am</b>  A fun group for all families with a warm welcome to Aboriginal and Torres Strait Islander families. Time to chat and play.  Supported by Children's Centre staff, CAFHS Cultural Consultant and Darlington Primary School ACEO's.</p> 	<p><b>Community Playgroup 9 – 10:30am</b> Play, songs, stories and learning for all. Please bring a hat and a piece of fruit to share.  <b>Playgroup is supported by Children's Centre staff.</b></p> 	<p><b>English For Every Day 9:30 -11:30am</b>  A social group to support women to build their English language skills.  Phone to book</p>	<p><b>Connections Playgroup 0-2 years 10-11:30am</b> Learn and practice the skills of playing and parenting to create happy little ones and confident care givers. <b>Please contact Helen to enquire about attending this program. 0427187113</b></p>

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<b>Afternoon Community Programs</b>	<b>Afternoon Community Programs</b>	<b>Afternoon Community Programs</b>	<b>Afternoon Community Programs</b>	<b>Afternoon Community Programs</b>
<b>NEW</b> <b>Commencing Term 4</b> <b>2018</b>  <b>Baby and Early Walkers Playgroup</b>  <b>1 – 2:30pm</b>  Especially for “little ones” led by Children’s Centre Staff. Come and enjoy play, connecting with others, songs and stories. Learn about helping along your child’s development. Babies up to 18 months, older siblings welcome.	<b>Bringing up Great Kids</b> <b>1:00 – 3:00pm</b>  <b>6<sup>th</sup> November – 27<sup>th</sup> November</b>  A highly recognised interactive program for parents of young children. Helping us to reflect on our parenting in order to raise happy and confident children. Topics covered include: Mindful parenting. Understanding children’s development and behaviour. Building strong, positive relationships. Self care for parents.  Creche available Bookings Essential Phone 82962686	<b>Coffee and Chat</b> <b>1:30 – 3:00pm</b>   <b>During School Term</b>  An informal opportunity for all families to meet, build friendships and chat about parenting in a busy world, while their children play.  Supported by Children’s Centre Staff.	<b>Multicultural Women’s</b> <b>Group</b> <b>1 – 3pm</b>  Crèche support provided.  For every mum and their young children from all cultures to meet, talk together, learn and have fun.  Parenting support from Relationships Australia, DECD Cultural Consultants and Children’s Centre staff.	<b>Foodie Fridays</b> <b>12noon</b>  Come along to a fun filled food group where you and your child can explore new and different foods in a relaxed environment and practice, discuss and reflect on strategies that can help to make mealtimes a more positive experience. Parents will need to have attended a Fun with Food information session.  Dates to be confirmed.  Please call the centre to book.
	<b>Early Parenting Group</b> <b>2-4 pm</b>  A free course for first time parents. Meet other mums, dads and babies and get valuable tips from Helen the (CaFHS) nurse  <b>Call CaFHS on</b> <b>1300733606 to book.</b>	<b>Great Start</b> Everyday learning for numeracy and literacy <a href="http://www.greatstart.sa.edu.au">www.greatstart.sa.edu.au</a> <b>a website for families with</b> <b>young children, from birth</b> <b>to five years of age</b>		

All Darlington Children’s Centre community activities are FREE of charge.

# Saturday Play Time

3<sup>rd</sup> November 2018

8<sup>th</sup> December 2018

9:00 – 11:00am

# Everyone Welcome