







What's On – January, February, March, April 2020

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Preschool Preschool morning session 8:45 – 11:45am Preschool afternoon session 12:00 – 3:00pm Commencing 3.2.20</p>	<p>Preschool 8:45 – 3:00pm Occasional Care Over 2 years 8:45 - 11:30am Commencing 28.1.20</p>	<p>Preschool 8:45 – 3:00pm Occasional Care Over 2 years 8:45-11:30am Commencing 29.1.20</p>	<p>Preschool 8:45 – 3:00pm Occasional Care Over 2 years 8:45-11:30 & 12:15- 3:00pm Commencing 30.1.20</p>	<p>Occasional Care 8:45 – 11:30 Under and over 2 years. Commencing 31.1.20</p>
<p>Family Practitioners Tanieka and Deborah are available to support families individually and through group parenting programs. Feel free to pop in or call to speak confidentially to our Family Practitioner. Monday, Tuesdays Thursday, Fridays.</p>	<p>Kids' Talking and Understanding Speech Pathologist Are you interested in how to help your child with their talking, understanding and socialising? Please call the Centre to arrange a chat with Jane our Speech Pathologist (SP) by phone or in person. Alternate Mondays and Tuesday</p>	<p>Preschool Mon, Tue, Wed, Thu Morning 8:45-11:45am Afternoon 12:00-3:00pm Our qualified teachers and early childhood professionals provide a high quality preschool program that is tailored to your child's needs, in a safe and caring environment Monday, Tuesday, Wednesday, Thursday</p>	<p>Occasional Care Our fully qualified early childhood educators provide a safe and stimulating learning environment for toddlers and children up to 4 years. Tuesday, Wednesday, Thursday, Friday</p>	<p>Occupational Therapy Helen, our Occupational Therapist (OT) can chat to you about your child's development including toileting, mealtimes, sleep and toddlers and big feelings. Also concerns around milestones with play and fine and gross motor skills. Some group workshops will be offered during the year. Tuesdays am and Friday</p>
<p>Children's Centre Breakfast Breakfast is available for all children and their families each day. 8:45 – 9:00am Free breakfast supplied by Kickstart for Kids</p>	<p>Children's Centre Breakfast Breakfast is available for all children and their families each day. 8:45 – 9:00am Free breakfast supplied by Kickstart for Kids</p>	<p>Children's Centre Breakfast Breakfast is available for all children and their families each day. 8:45 – 9:00am Free breakfast supplied by Kickstart for Kids</p>	<p>Children's Centre Breakfast Breakfast is available for all children and their families each day. 8:45 – 9:00am Free breakfast supplied by Kickstart for Kids</p>	<p>Children's Centre Breakfast Breakfast is available for all children and their families each day. 8:45 – 9:00am Free breakfast supplied by Kickstart for Kids</p>
<p>Acorn 10– 12 Commencing 24.2.20 This group is facilitated by Anglicare SA Dance Play Journaling An attachment based group for mums with mental health struggles and their children aged birth to three years. To book please Phone Louise 81313485 Anglicare SA</p>	<p>Community Playgroup 9 – 10:30am Commencing 14.1.20 Play, songs, stories and learning for all. Please bring a hat and a piece of fruit to share. Playgroup is supported by Children's Centre staff.</p>  <p>'Supported playgroups that have a focus on learning, aim to support families to 'see'the learning that occurs through everyday play and learning opportunities.' (SPICEKit, DfE)</p>	<p>Yarnin Time Playgroup 9:00 – 10:30am Commencing 15.1.20 A fun group for all families with a warm welcome to Aboriginal and Torres Strait Islander families. Time to chat and play. Morning tea supplied. Supported by Children's Centre staff, CAFHS Cultural Consultant and Darlington Primary School ACEO's, Baptist Care.</p> 	<p>Community Playgroup 9 – 10:30am Commencing 16.1.20 Play, songs, stories and learning for all. Please bring a hat and a piece of fruit to share. Playgroup is supported by Children's Centre staff.</p>  <p>'Supported playgroups that have a focus on learning, aim to support families to 'see'the learning that occurs through everyday play and learning opportunities.' (SPICEKit, DfE)</p>	<p>English For Every Day 9:30 -11:30am Commencing 31.1.20 A free social group to support women to build their English language skills. This group is supported by Libby our volunteer teacher who worked in the Middle East. Sorry no crèche available. Phone to book</p> <p>Ready, Steady, Go Playgroup 9:30-10:30am Commencing 31.1.20 This is a small, peaceful playgroup for 0 - 2yrs. For families who aren't quite ready for larger groups but want their children to experience playgroup. Please call Helen OT to see if this group will meet you and your child's needs. Bookings Essential</p>

Monday		Tuesday	Wednesday	Thursday	Friday
<p>Baby Playgroup</p> <p>1 – 2:30pm</p> <p>Commencing 13.1.20</p> <p>Especially for “little ones” Led by Children’s Centre Staff. Come and enjoy play, connecting with others, songs and stories. Learn about helping along your child’s development</p> <p>Babies and their older siblings welcome.</p>	<p>Shark Cage</p> <p>12:30-2:30</p> <p>Commencing 3.2.20</p> <p>An eight week assertiveness and self-confidence building course for women who have experienced abusive or controlling relationships. The group aims to help women feel empowered and to identify characteristics of healthy relationships.</p> <p>Limited creche available.</p> <p>Bookings essential.</p>	<p>Baby Playgroup</p> <p>11 – 12:30pm</p> <p>Commencing 28.1.20</p> <p>Especially for “little ones” Led by Children’s Centre staff. Come and enjoy play, connecting with others, songs and stories. Learn about helping along your child’s development. Babies and their older siblings welcome.</p>	<p>Coffee and Chat</p> <p>2-3pm</p> <p>Commencing 29.1.20</p>  <p>During School Term</p> <p>An informal opportunity for all families to meet, build friendships and chat about parenting in a busy world, while their children play. Supported by Children’s Centre Staff.</p>	<p>Multicultural Women’s Group</p> <p>1 – 3pm</p> <p>Commencing 30.1.20</p> <p>Crèche support provided.</p> <p>For every mum and their young children from all cultures to meet, talk together, learn and have fun. Everyone Welcome Parenting support from Relationships Australia, DfE Cultural Consultants and Children’s Centre staff.</p>	<p>Connections Playgroup</p> <p>10:45 – 12:00</p> <p>Commencing 31.1.20</p> <p>Learn and practise the skills of playing and parenting to create happy little ones and a confident care-giver. Please contact Tanieka or Deborah (Family Practitioners) to enquire about attending this program.</p> <p>Bookings Essential.</p>
<p>Community Room set up for playgroup</p> 	<p>CAFHS Early Parenting Group</p> <p>2-4 pm</p> <p>Commencing 18.2.20</p> <p>A free course for first time parents. Meet other mums, dads and babies and get valuable tips from Helen the (CaFHS) nurse.</p> <p>Call CaFHS on 1300733606 to book.</p>	<p>Circle of Security</p> <p>12:30 – 2:30pm</p> <p>Commencing 19.2.20</p> <p>Join Children’s Centre staff for an eight week course to help strengthen a positive relationship with your child and help build a secure base for them to thrive.</p> <p>Bookings Essential.</p>	<p>Decorated Pebbles made by Multicultural Women’s Group</p> 	<p>Family Meeting Ground Painted by Roxy Smith 2017 and proudly displayed in our foyer.</p> 	

Saturday Play Time

15th February, 2020

21st March 2020

9:00 – 10:30am

Everyone Welcome