

Establishing and Maintaining Home Routines

Everyday routines support children's learning and development.

We have identified that daily routines are valuable and are already established in both the Darlington Children's Centre and your home environment. Your children are already learning alongside you every day. Our vision for the 'At Home Learning Program' is to highlight the learning that is already naturally occurring in your daily routine and how you can extend upon this, utilising our preschool program and providing consistency with your child's learning and development.

Daily routines support;

- learning
- wellbeing
- independence
- belonging
- confidence
- consistency
- sense of identity
- pride
- fun
- relationships/connection
- security

Parents can support these routines by;

- maintaining your everyday routine
- providing a safe learning environment
- having fun with your children
- being consistent
- being present and connected

Learning can occur anytime and anywhere throughout the day, in many different forms. It may be an hour on a focused, planned experience or an accumulation of various learning experiences that occur throughout daily routines such as preparing a meal.

To support this development at home, we have outlined our main routines of the day and the learning opportunities that could happen in your home environment. Each week, we will provide resources and examples of learning experiences that you and your children can enjoy at home.

We are here to help support you on this journey as we understand this is new and different for everyone. Please contact us with any questions, queries or concerns.