**Outside play based learning**Outside play based learning is important as part of your daily routine-

* **Nature walk - relationship,**
* *Observe the changes in the environment i.e. autumn leaves*
* *Notice numbers and letters in different settings i.e. on letter boxes*
* *Compare different objects i.e. sizes of homes/cars (big, small, wide, tall)*
* **Sensory exploration (fine motor skills, emotional regulation)**
* *Mud play, water play*
* *Collecting different natural objects (rocks, leaves, sticks) and sorting/comparing/creating with them*
* **Physical activities (gross motor skills)**
* Ball play, riding bikes/scooters, climbing, jumping, physical games, balancing

***Learning involved during outside play may include:***

* ***Numeracy****: awareness of their body in space (spatial awareness), number knowledge (quantification), comparison, sorting and grouping.*
* ***Literacy:*** *language development ie extending vocabulary, describe experiences and express ideas, turn taking in conversation (reciprocal conversation) and following instructions.*