Darlington Children's Centre for Early Childhood Development and Parenting
12a Kurrajong Place (via Ross Street)
SEACOMBE GARDENS SA 5047
Ph: 8296 2686 Mobile: 0429 980 190
Email:
dl.3624.leaders@schools.sa.edu.au

What's On: January, February and March 2021

Monday	Tuesday	Wednesday	Thursday	Friday
Preschool **Preschool morning session** 8:45 – 11:45am **Preschool afternoon session** 12:00 – 3:00pm	**Preschool** 8:45 – 3:00pm **Occasional Care** 0ver 2 years 8:45 - 11:30am	**Preschool** 8:45 – 3:00pm **Occasional Care** 0ver 2 years 8:45-11:30am	**Preschool** 8:45 – 3:00pm **Occasional Care** Over 2 years 8:45-11:30 & 12:15- 3:00pm	**Occasional Care** 8:45 – 11:30 Under and over 2 years.
Children's Centres bring together care, education, health, community development activities and family services for families and their young children. **Services and programs reflect local community needs and include:** **Preschool** **Occasional Care** **Playgroups** **Child and family programs**	**Kids' Talking and Understanding Speech Pathologist** Are you interested in how to help your child with their talking, understanding and socialising? Please call the Centre to arrange a chat with Melanie our Speech Pathologist(SP) by phone or in person. **Tuesday**	**Preschool** Mon, Tue, Wed, Thu Morning 8:45-11:45am Afternoon 12:00-3:00pm Our qualified teachers and early childhood professionals provide a high quality preschool program that is tailored to your child's needs, in a safe and caring environment **Monday, Tuesday, Wednesday, Thursday**	**Occasional Care** Our fully qualified early childhood educators provide a safe and stimulating learning environment for toddlers and children up to 4 years. **Tuesday, Wednesday, Thursday, Friday**	**Occupational Therapy** Helen, our Occupational Therapist (OT) can chat to you about your child's development including toileting, mealtimes, sleep and toddlers and big feelings. Also concerns around milestones with play and fine and gross motor skills. Some group workshops will be offered during the year. **Tuesday and Friday**
Children's Centre Breakfast Breakfast is available for all children and their families each day. 8:45 – 9:00am **Free breakfast supplied by** Kickstart for Kids Food Bank	**Children's Centre Breakfast** Breakfast is available for all children and their families each day. 8:45 – 9:00am **Free breakfast supplied by** Kickstart for Kids Food Bank	**Children's Centre Breakfast** Breakfast is available for all children and their families each day. 8:45 – 9:00am **Free breakfast supplied by** Kickstart for Kids Food Bank	**Children's Centre Breakfast** Breakfast is available for all children and their families each day. 8:45 – 9:00am **Free breakfast supplied by** Kickstart for Kids Food Bank	**Children's Centre Breakfast** Breakfast is available for all children and their families each day. 8:45 – 9:00am **Free breakfast supplied by** Kickstart for Kids Food Bank
	Community Playgroup **9 – 10:30am** **Commencing 2.2.21** **BOOKINGS ESSENTIAL** Come and enjoy play, songs, stories and learning for all. Please bring a hat and a piece of fruit to share. **Playgroup is supported by Children's Centre staff.** 'Supported playgroups that have a focus on learning, aim to support families to 'see'the learning that occurs through everyday play and learning opportunities.' (SPICEKit, DfE)	**Yarnin Time Playgroup** **9:00 – 10:30am** **Commencing 27.1.21** **BOOKINGS ESSENTIAL** A fun group for all families with a warm welcome to Aboriginal and Torres Strait Islander families. Time to chat and play. Morning tea supplied. Supported by Children's Centre staff, CAFHS Cultural Consultant and Darlington Primary School ACEO's, Relationship Australia SA. 	**Community Playgroup** **9 – 10:30am** **Commencing 28.1.21** **BOOKINGS ESSENTIAL** Come and enjoy play, songs, stories and learning for all. Please bring a hat and a piece of fruit to share. **Playgroup is supported by Children's Centre staff.** 'Supported playgroups that have a focus on learning, aim to support families to 'see'the learning that occurs through everyday play and learning opportunities.' (SPICEKit, DfE)	**Baby Playgroup** **11:00 – 12:30** **Commencing 22.1.21** **BOOKINGS ESSENTIAL** **Especially for "little ones"** **Come and enjoy play, connecting with others, songs and stories.** **Learn about helping along your child's development.** **Siblings welcome.** **Please call the centre to register your interest.**

Monday	Tuesday	Wednesday	Thursday	Friday
Mindful Awareness Parenting Group AnglicareSA 12:30 – 2:30 Commencing 8.2.21 In this eight week program we will explore mindful awareness in a nurturing,fun supportive and respectful group. **You will learn;** -To notice what your child needs - To repair your relationships when things don't go as smoothly as you would like -Ways to look after yourself even when you' re busy looking after your family -To have fun and enjoy being a parent **Phone Mel at Anglicare SA on 0438322497 to book.**	**Bringing Up Great Kids 11:00 – 1:00pm Commencing 2.2.21** **BOOKINGS ESSENTIAL** **5 week course** **This group will be facilitated by Children's Centre staff Helen (Occupational Therapist) and Mel (Speech Pathologist)** Bringing up Great Kids helps us understand our children's emotions and their behaviour. Build strong positive relationships with kids to help them be happy and confident. Sorry no crèche available **Please phone the centre to book.**	**Circle Of Security Parenting Program 9:30 – 11:30** **Commencing 10.2.21** **BOOKINGS ESSENTIAL** Join Children's Centre staff for an eight week course to help strengthen a positive relationship with your child and help build a secure base for them to thrive. Sorry no crèche available. **Please phone the centre to book**	**Multicultural Women's Group** **1 – 3pm Commencing 28.1.21** **BOOKINGS ESSENTIAL** Crèche support provided. For every mum and their young children from all cultures to meet, talk together, learn and have fun. **Everyone Welcome** Parenting support from Relationships Australia, DfE Cultural Consultants and Children's Centre staff.	Family Meeting Ground Painted by Roxy Smith 2017 and proudly displayed in our foyer
CaFHS Family Clinic **Mondays 9am - 4pm** Child and Family health clinic for infants and children 0-5 years. CaFHS nurses will be on site to support families with feeding, growth, development and health checks. Please phone 1300733606 for an appointment	**Early Parenting Group 2-4 pm** Ongoing A free course for first time parents. Meet other mums, dads and babies and get valuable tips from Helen the (CaFHS) nurse BOOKINGS ESSENTIAL . Call CaFHS on 1300733606 to book.	**Coffee and Chat 2-3pm** **BOOKINGS ESSENTIAL** **During School Term** An informal opportunity for all families to meet, build friendships and chat about parenting in a busy world, while their children play. Supported by Children's Centre Staff	**InDIGO Women's Legal Service** Outreach Service at Darlington Children's Centre **Thursday** InDIGO program is a free and confidential legal service that provides legal assistance and representation to women. InDIGO can provide assistance with: Family Law Child Protection Tenancy Vicitms of Crime Debt Immigration Application and defending Intervention Orders Family Advocate Support Financial Councellor Support Call Indigo on 83842427 to book a free appointment with one of our lawyers	Decorated pebbles made by **members** of the Multicultural Women's Group
	Circle Of Security Parenting Program 6-8pm Commencing 9.3.21 **BOOKINGS ESSENTIAL** Join Children's Centre staff for a **four** week course to help strengthen a positive relationship with your child and help build a secure base for them to thrive. Sorry no crèche available			