






## What's On: July, August, September 2021

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Preschool</b> Preschool morning session 8:45 – 11:45am Preschool afternoon session 12:00 – 2:45pm</p>	<p><b>Preschool</b> 8:45 – 2:45pm <b>Occasional Care</b> Over 2 years 8:45 - 11:30am</p>	<p><b>Preschool</b> 8:45 – 2:45pm <b>Occasional Care</b> Over 2 years 8:45-11:30am</p>	<p><b>Preschool</b> 8:45 – 2:45pm <b>Occasional Care</b> Over 2 years 8:45-11:30 &amp; 12:15- 3:00pm</p>	<p><b>Occasional Care</b> 8:45 – 11:30 Under and over 2 years.</p>
<p><b>Children's Centres bring together care, education, health, community development activities and family services for families and their young children.</b> <b>Services and programs reflect local community needs and include:</b> Preschool Occasional Care Playgroups Child and family programs</p>	<p><b>Kids' Talking and Understanding Speech Pathologist</b>  Are you interested in how to help your child with their talking, understanding and socialising?  Please call the Centre to arrange a chat with Jane our Speech Pathologist(SP) by phone or in person. <b>Tuesday</b></p>	<p><b>Preschool</b> Mon, Tue, Wed, Thu Morning 8:45-11:45am Afternoon 12:00-3:00pm Our qualified teachers and early childhood professionals provide a high quality preschool program that is tailored to your child's needs, in a safe and caring environment  <b>Monday, Tuesday, Wednesday, Thursday</b></p>	<p><b>Occasional Care</b>  Our fully qualified early childhood educators provide a safe and stimulating learning environment for toddlers and children up to 4 years.  <b>Tuesday, Wednesday, Thursday, Friday</b></p>	<p><b>Occupational Therapy</b>  Helen, our Occupational Therapist (OT) can chat to you about your child's development including toileting, mealtimes, sleep and toddlers and big feelings. Also concerns around milestones with play and fine and gross motor skills. Some group workshops will be offered during the year. <b>Tuesday and Friday</b></p>
<p><b>Women are Strong Women do Survive</b>  A group for women in the southern suburbs: <b>Are you confused by your partner or ex-partner's behaviour towards you, and think it might be abusive.</b>  This eight week group is a confidential and safe space where we will explore: .How to reconnect with our personal strengths. . The effects of abusive or hurtful relationships.  Monday 26<sup>th</sup> July 9:30 – 12pm in the Seacombe Gardens area.  To book or for more information phone 82156310</p>	<p><b>Community Playgroup</b> <b>9:00 – 10:30am</b> <b>Commencing</b> <b>20.7.21</b> <b>BOOKINGS ESSENTIAL</b> Come and enjoy play, songs, stories and learning for all. Please dress for outdoor play, bring a hat and a prepared fruit snack.  <b>Playgroup is supported by Children's Centre staff.</b>  'Supported playgroups that have a focus on learning, aim to support families to 'see'the learning that occurs through everyday play and learning opportunities.' (SPICEKit, DfE)</p> <hr/> <p><b>Toddler Time Playgroup</b> <b>8 - 12 months</b> <b>11 – 12:30pm</b> <b>Commencing</b> <b>20.7.21</b> <b>BOOKINGS ESSENTIAL</b>  Come and enjoy play, songs, stories and learning for all. Please dress for outdoor play, bring a hat and a prepared fruit snack.  <b>Playgroup is supported by Children's Centre staff.</b></p>	<p><b>Yarnin Time Playgroup</b> <b>9:00 – 10:30am</b> <b>Commencing</b> <b>21.7.21</b> <b>BOOKINGS ESSENTIAL</b> A fun group for all families with a warm welcome to Aboriginal and Torres Strait Islander families. Time to chat and play. Morning tea supplied.  Supported by Children's Centre staff, CAFHS Cultural Consultant and Darlington Primary School ACEO's, Relationship Australia </p> <hr/> <p><b>Community Playgroup</b> <b>11:00 – 12:30</b> <b>Commencing</b> <b>21.7.21</b> <b>BOOKINGS ESSENTIAL</b> Come and enjoy play, songs, stories and learning for all. Please dress for outdoor play, bring a hat and a prepared fruit snack.  <b>Playgroup is supported by Children's Centre staff.</b></p>	<p><b>Community Playgroup</b> <b>9:00 – 10:30am</b> <b>Commencing</b> <b>22.7.21</b> <b>BOOKINGS ESSENTIAL</b> Come and enjoy play, songs, stories and learning for all. Please dress for outdoor play, bring a hat and a prepared fruit snack.  <b>Playgroup is supported by Children's Centre staff.</b>  'Supported playgroups that have a focus on learning, aim to support families to 'see'the learning that occurs through everyday play and learning opportunities.' (SPICEKit, DfE)</p> <hr/> <p><b>Money Matters</b> <b>Uniting Communities</b> On site support for all things regarding: Budgeting. Understanding bills. How to save money. Applying for funds and concessions. Help with arrears. <b>Please call the centre for more information and to book</b></p>	<p><b>Baby Fizz</b> <b>9:30 – 10:15</b> <b>And</b> <b>10:45 – 11:30</b>  A developmental playgroup for babies. Supported by CaFHS Physiotherapist and Darlington Children's Centre Occupational Therapist.  <b>BOOKINGS ESSENTIAL</b></p> <hr/> <p><b>Baby Playgroup</b> <b>1:00 – 2:00</b> <b>Commencing</b> <b>23.7.21</b> <b>BOOKINGS ESSENTIAL</b>  Especially for "little ones" Come and enjoy play, connecting with others, songs and stories. Learn about helping along your child's development. Siblings welcome.  Please call the centre to register your interest.</p>

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<p><b>CaFHS Family Clinic Mondays 9am - 4pm</b></p> <p>Child and Family health clinic for infants and children 0-5 years. CaFHS nurses will be on site to support families with feeding, growth, development and health checks.</p> <p>Please phone 1300733606 for an appointment.</p>	<p><b>CaFHS Early Parenting Group 2-4 pm</b> Ongoing A free course for first time parents. Meet other mums, dads and babies and get valuable tips from Helen the (CaFHS) nurse</p> <p><b>BOOKINGS ESSENTIAL</b></p> <p>Call CaFHS on 1300733606 to book</p>	<p><b>Coffee and Chat 2-3pm Commencing 21.7.21</b></p> <p><b>BOOKINGS ESSENTIAL</b></p>  <p><b>During School Term</b> An informal opportunity for all families to meet, build friendships and chat about parenting in a busy world, while their children play. Supported by Children's Centre Staff</p>	<p><b>Multicultural Women's Group 1 – 3pm Commencing 22.7.21</b> <b>BOOKINGS ESSENTIAL</b> Crèche support provided.</p> <p>For every mum and their young children from all cultures to meet, talk together, learn and have fun.</p> <p><b>Everyone Welcome</b> Parenting support from Relationships Australia, DfE Cultural Consultants and Children's Centre staff.</p>	<p>Family Meeting Ground Painted by Roxy Smith 2017 and proudly displayed in our foyer</p> 
<p><b>The Garden 1:30 – 3:00 Commencing 2.8.21</b></p> <p>Facilitated by Carolyn and Quyen from Relationships Australia, Marion "The Garden" is a free group for parents and caregivers with their babies and toddlers (up to 4 years old). Build your parent/caregiver-child bond, have fun and connect through:</p> <ul style="list-style-type: none"> <li>• Music, play, art and movement</li> <li>• Sensory activities, relaxation and reflection</li> <li>• A fun, safe supportive environment</li> <li>• Positive experiences with your little one.</li> </ul> <p>Families will see the greatest benefits from attending as many sessions of the 8 session course as possible, but sign up even if you can't make it every week. Bring a change of clothes and your wonderful imaginations for those times when we do messy – play .</p> <p><b>Bookings Essential</b> Phone <b>82962686</b></p>	 <p><b>Free Bread Is available most days in the Children's Centre Foyer, please help your selves.</b></p>		<p><b>IndIGO Women's Legal Service</b> Outreach Service at Darlington Children's Centre <b>Thursday</b></p> <p>IndIGO program is a free and confidential legal service that provides legal assistance and representation to women.</p> <p>Family Law Child Protection Tenancy Victims of Crime Debt Immigration Application and defending Intervention Orders</p> <p>Call Indigo on 83842427 to book a free appointment with one of our lawyers</p> <hr/> <p><b>Circle Of Security Parenting Program 6-8pm Commencing 5.8.21</b> <b>BOOKINGS ESSENTIAL</b> Phone Angela <b>0408891536</b></p>	<p><b>Decorated pebbles made by members of the Multicultural Women's Group.</b></p> 