





What's On: February, March, April 2022

Please note all Community Playgroups and Parenting Programs are currently paused due to COVID restrictions

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Preschool Preschool morning session 8:45 – 11:45am Preschool afternoon session 12:00 – 2:45pm</p>	<p>Preschool 8:45 – 2:45pm Occasional Care Over 2 years 8:45 - 11:30am</p>	<p>Preschool 8:45 – 2:45pm Occasional Care Over 2 years 8:45-11:30am</p>	<p>Preschool 8:45 – 2:45pm Occasional Care Over 2 years 8:45-11:30 & 12:15- 3:00pm</p>	<p>Occasional Care 8:45 – 11:30 Under and over 2 years.</p>
<p>Children's Centres bring together care, education, health, community development activities and family services for families and their young children. Services and programs reflect local community needs and include: Preschool Occasional Care Playgroups Child and family programs</p>	<p>Kids' Talking and Understanding Speech Pathologist Are you interested in how to help your child with their talking, understanding and socialising? Please call the Centre to arrange a chat with our Speech Pathologist(SP) by phone or in person. Tuesday</p>	<p>Preschool Mon, Tue, Wed, Thu Morning 8:45-11:45am Afternoon 12:00-2:45pm Our qualified teachers and early childhood professionals provide a high quality preschool program that is tailored to your child's needs, in a safe and caring environment Monday, Tuesday, Wednesday, Thursday</p>	<p>Occasional Care Our fully qualified early childhood educators provide a safe and stimulating learning environment for toddlers and children up to 4 years. Tuesday, Wednesday, Thursday, Friday</p>	<p>Occupational Therapy Helen, our Occupational Therapist (OT) can chat to you about your child's development including toileting, mealtimes, sleep and toddlers and big feelings. Also concerns around milestones with play and fine and gross motor skills. Some group workshops will be offered during the year. Tuesday and Friday</p>
<p>Calming Connections Monday 9:00 – 10am and 10:30 – 11:30am Mindfully connect with your baby through therapeutic touch. Facilitated by Baptist Care SA . Strengthen your bond with baby. . Enhance mood, reduce stress and anxiety. . Improve and regulate baby's sleep patterns. Bookings Essential Phone 82962686</p> 	<p>Community Playgroup 9:00 – 10:30am BOOKINGS ESSENTIAL Come and enjoy play, songs, stories and learning for all. Please dress for outdoor play, bring a hat and a prepared fruit snack. Playgroup is supported by Children's Centre staff.</p> <hr/> <p>Family Wellbeing Services Baptist Care SA Tuesdays 11- 2:30 Bookings Essential On site support from the Family Wellbeing Services team will provide early intervention support for children and families. They can help with: Emotional and behavioural regulation. Family dynamics and routines. Relationship issues in general (friendships, social skills, bullying, separation anxiety) Phone the Centre for more information.</p>	<p>Yarnin Time Playgroup 9:00 – 10:30am BOOKINGS ESSENTIAL A fun group for all families with a warm welcome to Aboriginal and Torres Strait Islander families. Time to chat and play. Morning tea supplied. Supported by Children's Centre staff, CAFHS Cultural Consultant and Darlington Primary School ACEO's, Relationship Australia</p>  <hr/> <p>Circle of Security Parenting Group Wednesday Morning Commencing 16.2.22 More information coming soon. Please call the centre for details.</p>	<p>Community Playgroup 9:00 – 10:30am BOOKINGS ESSENTIAL Come and enjoy play, songs, stories and learning for all. Please dress for outdoor play, bring a hat and a prepared fruit snack. Playgroup is supported by Children's Centre staff. 'Supported playgroups that have a focus on learning, aim to support families to 'see' the learning that occurs through everyday play and learning opportunities.' (SPICEKit, DfE)</p> <hr/> <p>Money Matters Uniting Communities Thursday Commencing 3.2.22 On site support for all things regarding: Budgeting. Understanding bills. How to save money. Applying for funds and concessions. Help with arrears. Please call the centre for more information and to book</p>	<p>Move and Play 9:30 – 10:30 A developmental playgroup for babies referred by CAFHS. Supported by CaFHS Physiotherapist and Darlington Children's Centre Occupational Therapist. Welcome to the Occupational Therapy Students BOOKINGS ESSENTIAL</p> <hr/> <p>Baby Playgroup 11:30 – 12:30 BOOKINGS ESSENTIAL Especially for "little ones" Come and enjoy play, connecting with others, songs and stories. Learn about helping along your child's development. Siblings welcome. Please call the centre to register your interest.</p>

Monday	Tuesday	Wednesday	Thursday	Friday
<p>CaFHS Family Clinic Mondays 9am - 4pm</p> <p>Child and Family health clinic for infants and children 0-5 years. CaFHS nurses will be on site to support families with feeding, growth, development and health checks.</p> <p>Please phone 1300733606 for an appointment.</p>	<p>Community Playgroup 11 – 12:30pm BOOKINGS ESSENTIAL</p> <p>Come and enjoy play, songs, stories and learning for all. Please dress for outdoor play, bring a hat and a prepared fruit snack. Playgroup is supported by Children’s Centre staff.</p> 	<p>Community Playgroup 11:00 – 12:30 BOOKINGS ESSENTIAL</p> <p>Come and enjoy play, songs, stories and learning for all. Please dress for outdoor play, bring a hat and a prepared fruit snack.</p> <p>Playgroup is supported by Children’s Centre staff.</p>	<p>Multicultural Women’s Group 1 – 3pm BOOKINGS ESSENTIAL</p> <p>Crèche support provided.</p> <p>For every mum and their young children from all cultures to meet, talk together, learn and have fun.</p> <p>Everyone Welcome Parenting support from Relationships Australia, DfE Cultural Consultants and Children’s Centre staff.</p>	<p>“Family Meeting Ground” Painted by Roxy Smith 2017 and proudly displayed in our foyer</p> 
<p>The Garden 1:30 – 3:00</p> <p>Facilitated by Carolyn from Relationships Australia. “The Garden “is a free group for parents and caregivers with their babies and toddlers (up to 4 years old). Build your parent/caregiver-child bond, have fun and connect through: • Music, play, art and movement • Positive experiences with your little one. Bring a change of clothes and your wonderful imaginations for those times when we do messy play .</p> <p>Bookings Essential Phone 82962686</p> <hr/> <p>Supporting Children Through Separation Monday 28.2.22 6-8pm</p> <p>Facilitated by Relationships Australia. Bookings Essential Phone 82962686</p>	<p>CaFHS Early Parenting Group 2-4 pm</p> <p>Ongoing A free course for first time parents. Meet other mums, dads and babies and get valuable tips from Helen the (CaFHS) nurse</p> <p>BOOKINGS ESSENTIAL</p> <p>Call CaFHS on 1300733606 to book</p> 	<p>Coffee and Chat 2-3pm BOOKINGS ESSENTIAL</p>  <p>During School Term An informal opportunity for all families to meet, build friendships and chat about parenting in a busy world, while their children play. Supported by Children’s Centre Staff</p>	<p>InDIGO Women’s Legal Service</p> <p>Outreach Service at Darlington Children’s Centre</p> <p>Thursdays fortnightly InDIGO program is a free and confidential legal service that provides legal assistance to women. Family Law Child Protection Tenancy Victims of Crime Debt Immigration Application and defending Intervention Orders</p> <p>Call 83842427 to book a free appointment with one of our lawyers</p> <hr/> <p>Being a Dad 3rd March 6 - 8:30pm</p> <p>Free workshop that looks at the special role dads play in a child’s life. Light refreshments provided. Bookings Essential Phone 82962686</p>	<p>Decorated pebbles made by members of the Multicultural Women’s Group.</p>  <p>Free Bread and Give Away Items Are available most days in the Children’s Centre Foyer, please help your selves.</p>