



CIRCLE OF SECURITY

Parenting Series

At times all parents or caregivers feel lost about what our child might need from us. Imagine what it might feel like if you were able to make sense of what your child was really asking from you. Our FREE Circle of Security® Parenting™ program is based on decades of research about how secure parent-child relationships can be supported and strengthened.

Topics covered include:

- learning to read emotional needs
- successfully managing emotions
- enhancing the development of self esteem
- helping your child to feel secure.



An Australian Government Initiative

Tuesday

2:00pm - 4:00pm

9th May - 27th June 2023
- 8 week course

Darlington Children's Centre 12A
Kurrajong Pl, Seacombe
Gardens

Contact Angie on 0455 306 928
or email NoarlungaFRC@unitingcommunities.org
for more information and to book
your place in the program.