



Why MyTime?

MyTime is a peer support program for parents and carers of a child with a disability, chronic medical condition or other additional needs including developmental delay.

GROUP NAME:

Seacombe Gardens

GROUP DETAILS:

Darlington Children's Centre
12A Karrajong Place
Seacombe Gardens

CONTACT DETAILS:

Sarah Marsh
0403 931 787
Wednesdays – 11:30am – 1:30pm

Unwind and
share experiences
with others who
understand



Health
Women's and Children's
Health Network



mytime.net.au