

| Tuesday | Wednesday | Thursday | Friday |
|--|---|--|--|
|  <p>Playgroup 9.30am—11:00 am</p> <p><i>Starting Tuesday 30th April</i> A playgroup run by Learning Together staff where children can explore a range of play experiences and an opportunity for parents and caregivers to receive support.</p> |  <p>Toddler Playgroup 9.00am—10.30am</p> <p><i>Starting Wednesday 1st May</i> For children that are 12 months to 3 years. This playgroup is designed to meet the needs between baby playgroup and community playgroup. This group is supported by Children's Centre staff together with our Speech Pathologist and Occupational Therapist.</p> |  <p>Playgroup 9:30-1130</p> <p><i>Starting Thursday 2nd May</i> Playconnect Plus is a free, safe, and supported Playgroup for children aged 0-8 years with a disability, autistic characteristics, developmental delays or behaviour concerns and their families. A diagnosis is not required for families to attend.</p> |  <p>Mia our Occupational Therapist and Lauren our Speech Pathologist will be part of Wednesday's playgroup if you would like to chat about your child's development. Our allied health team also provide a range of information sessions on subjects such as toileting, sleep and eating. Should you be interested in a particular session touch base with us via phone or email. We also conduct surveys to gain insight into what families in our community are looking for so keep an eye out on Facebook.</p> |
| <p>Non walkers Playgroup 1:00-2:30 <i>Tuesday 30th April</i></p> <p>A playgroup run by Learning Together for young children who are not yet walking. Children will explore songs, music, sensory opportunities, and time to connect with other families.</p> |  <p>11:30-1:30 <i>Starting Wednesday 1st May</i></p> <p>My time is a free peer support group for parent and carers of children with complex needs. New members are welcome any time. Its free to join and groups run weekly during school terms. Children are welcome and a play leader will provide activities for children, so you have time to connect in the group. To book in please contact Sarah on 0403 931 787</p> | <p>DID YOU KNOW???? That children can have free health check ups at our site. To book please see the number below.</p> <p>If you are attending playgroup on Tuesday or Wednesdays- you could call past to see when their next appointment is!</p> |  <p>CaFHS New Parenting Group 1.30pm—3.30pm</p> <p>Bookings essential Call 1300 733 606</p> <p>A free course for first time parents. Meet other Mums, Dads and babies and get valuable tips from the CaFHS nurse.</p> |
|  <p>CaFHS Family Clinic 11.00am—3.00pm</p> <p>Child and Family health clinic for infants and children 0-5 years. CaFHS nurses will be on site to support families with feeding, growth, development, and health checks. Call 1300 733 606 for an appointment</p> |  <p>CaFHS Family Clinic 9:15am—3.00pm</p> <p>Child and Family health clinic for infants and children 0-5 years. CaFHS nurses will be on site to support families with feeding, growth, development, and health checks. Call 1300 733 606 for an appointment</p> |  <p>When is your child due for their FREE health and development check?</p> <ul style="list-style-type: none"> 1-4 weeks 8 weeks 6-9 months 12 months 18-24 months 3 years 4-5 years <p>Child and Family Health Service (CaFHS) offer free health and development checks to make sure your child is healthy and developing as expected for their age.</p> <p>To book an appointment call 1300 733 606 Parent Helpline 1300 364 100</p> | |